



AGE GROUP & BIRTH YEAR MATRIX BY SEASONAL YEAR

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format “age followed by U” is that age and younger. For example, 8U should be read as 8 and younger. For more age-group information please reference U.S. Soccer’s Player Development Initiatives.

Birth Year/Season	2023-2024	2024-2025	2025-2026	2026-2027	2027-2028	2028-2029
2005	19U					
2006	18U	19U				
2007	17U	18U	19U			
2008	16U	17U	18U	19U	19U	
2009	15U	16U	17U	18U	18U	19U
2010	14U	15U	16U	17U	17U	18U
2011	13U	14U	15U	16U	16U	17U
2012	12U	13U	14U	15U	15U	16U
2013	11U	12U	13U	14U	14U	15U
2014	10U	11U	12U	13U	13U	14U
2015	9U	10U	11U	12U	12U	13U
2016	8U	9U	10U	11U	11U	12U
2017	7U	8U	9U	10U	10U	11U
2018	6U	7U	8U	9U	9U	10U
2019	5U	6U	7U	8U	8U	9U
2020	4U	5U	6U	7U	7U	8U
2021	3U	4U	5U	6U	6U	7U
2022		3U	4U	5U	5U	6U
2023			3U	4U	4U	5U
2024				3U	3U	4U
2025						3U